



# The Oak-Tree Group of Schools

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## Group Managing Principal

Mr Matthew Hagger B.A. (Hons), M.Ed., PGCE

20 April 2022

Dear Parents and Staff

## Re: Updated Covid-19 Procedures from 1 April 2022

I hope you had a restful break over Easter and that you are looking forward to school restarting tomorrow morning for the Summer Term.

As you will be aware, the Government withdrew most Covid-19 guidance on 1 April 2022 and replaced it with a new set of guidance documents under the banner 'Living with Covid'. This is, presumably deliberately, vague and will require a little getting used to in school this term after the more prescriptive guidance throughout the pandemic.

Some of the more important guidance documents that we are following are available to download and read as follows:

- [Living safely with respiratory infections, including COVID-19 - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/publications/covid-19-response-living-with-covid-19)
- [Reducing the spread of respiratory infections, including COVID-19, in the workplace - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/publications/covid-19-response-living-with-covid-19)
- [People with symptoms of a respiratory infection including COVID-19 - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/publications/covid-19-response-living-with-covid-19)
- <https://www.gov.uk/government/publications/covid-19-response-living-with-covid-19>
- <https://www.gov.uk/government/news/new-guidance-sets-out-how-to-live-safely-with-covid-19>

## Testing

Regular asymptomatic testing is no longer recommended in any education or childcare setting and schools are no longer able to order or distribute test kits.

## Symptoms

The list of [COVID-19 symptoms](#) has been updated and now includes:

- A high temperature or shivering (chills)
- A new, continuous cough
- A loss or change to your sense of smell or taste
- Shortness of breath
- Feeling tired or exhausted
- An aching body
- A headache
- A sore throat
- A blocked or runny nose
- Loss of appetite
- Diarrhoea
- Feeling sick or being sick

## Living with Covid

The Government is now treating Covid-19 largely as any other respiratory illness, with the message that we are to stay at home if unwell or carry on if we are able to do so.



### Braeside School

130 High Road, Buckhurst Hill  
Essex IG9 5SD  
020 8504 1133

Braeside School is the trading name of Braeside School Ltd, registered in England to 6 Albion Hill, Loughton, Essex IG10 4RA Company no: 0783067



### Coopersale Hall School

Flux's Lane, Epping  
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Coopersale Hall School is the trading name of Coopersale Hall School Ltd, registered in England to 6 Albion Hill, Loughton, Essex IG10 4RA Company no: 3524644



### Normanhurst School

68-74 Station Road  
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Normanhurst School is the trading name of Normanhurst School Ltd, registered in England to 6 Albion Hill, Loughton, Essex IG10 4RA Company no: 9380841



### Oaklands School

8 Albion Hill, Loughton  
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020 8508 3517

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The Oak-Tree Group of Schools is the trading name of Oak-Tree Schools Holdings Ltd, registered in England to 6 Albion Hill, Loughton, Essex IG10 4RA Company no: 03033574

#### Directors:

Mr M Hagger B.A. (Hons), M.Ed., PGCE  
Mr N Hagger M.A. (Oxon)  
Mrs A Hagger Cert.Ed.

#### Principals:

Mr M Hagger B.A. (Hons), M.Ed., PGCE  
Mrs C Osborn B.A. (Hons), MSc., PGCE

Group Bursar:  
Mrs S Hewitt

### Children who have symptoms of Covid-19 (or any other respiratory infection)

Respiratory infections are common in children and young people. For most children and young people, these illnesses will not be serious, and they will soon recover following rest and plenty of fluids. Very few children and young people with respiratory infections become seriously unwell.

Children and young people with mild symptoms such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend school.

Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people, where they can. They can go back to school and resume normal activities when they no longer have a high temperature and they are well enough to attend.

Although not a requirement and a child or young person has chosen to take a Covid-19 test that is subsequently positive, they should stay at home and avoid contact with other people for **3 days** after the day they took the test. After 3 days, if they feel well and do not have a high temperature, the risk of passing the infection on to others is much lower. This is because children and young people tend to be infectious to other people for less time than adults.

### Adults who have symptoms of Covid-19 (or any other respiratory infection)

If you have symptoms of a respiratory infection, such as Covid-19, and you have a high temperature or do not feel well enough to go to work or carry out normal activities, try to stay at home and avoid contact with other people until you no longer have a high temperature (if you had one) or until you no longer feel unwell.

It is particularly important to avoid close contact with anyone who you know is at higher risk of becoming seriously unwell if they are infected with Covid-19 and other respiratory infections.

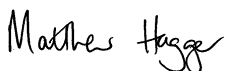
If an adult has a positive Covid-19 test result, it is very likely that you have Covid-19 even if you do not have any symptoms. You can pass on the infection to others, even if you have no symptoms. If you have a positive Covid-19 test result, try to stay at home and avoid contact with other people for **5 days** after the day you took your test.

As is our normal practice, we will contact parents if we believe that a child is ill for whatever reason during the day whilst in school.

I appreciate that there is some ambiguity here, but we're all working to several sets of guidance documentation that are not always clear. Please bear with us at the start of term if our teams don't have a ready answer to any Covid questions you might have and need to consult for further advice.

With kind regards

Yours sincerely



Matthew Hagger  
Group Managing Principal



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